

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: ENLN

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Evrard Marc HEADCOACH

Coaches: Brusten Arthur

Coaches: Rondeau Lola

Coaches: Bertrand Amaury

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE WOMEN 15-18							Heat:5, starttime: 08:51	
Heat: 5/5 Lane : 4 Athlete: VACHAUDEZ ELLA							Q-time: 04:25:80	
PB (50m pool): 04:25.80 Antwerpen 27/07/2025				PB (25m pool): 04:23.08SB: 04:26.41 Antwerpen 22/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.45	01:04.08	01:38.08	02:11.87	02:45.69	03:19.61	03:53.53	04:25.80
	00:30.45	00:33.63	00:34.00	00:33.79	00:33.82	00:33.92	00:33.92	00:32.27
								

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+							Heat:2, starttime: 08:58			
Heat: 2/12 Lane : 5 Athlete: AIESI VASCO							Q-time: 01:03:85			
PB (50m pool): 01:03.85 Charleroi 24/05/2026				PB (25m pool): 01:10.95SB: 01:03.85 Charleroi 24/05/2026						
	5 0 M		1 0 0 M							
PB	00:30.35		01:03.85							
	00:30.35		00:33.50							
										

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+										Heat:8, starttime: 09:07	
Heat: 8/12 Lane : 8 Athlete: DUREZ OLIVER										Q-time: 01:00:84	
PB (50m pool): 01:00.84 Antwerpen 27/07/2025					PB (25m pool): 01:01.60SB: 01:01.93 La Louvière 29/11/2025						
	5 0 M		1 0 0 M								
PB	00:27.98		01:00.84								
	00:27.98		00:32.86								
											

Coach feedback:

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Event number: 2: 100M BUTTERFLY MEN 15+			Heat:10, starttime: 09:11
Heat: 10/12 Lane : 2 Athlete: DUFOND NATHAN			Q-time: 00:57:86
PB (50m pool): 00:57.86 Antwerpen 17/05/2026			PB (25m pool): 00:57.66 SB: 00:57.86 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	00:27.45	00:57.86	
	00:27.45	00:30.41	
			

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+			Heat:11, starttime: 09:12
Heat: 11/12 Lane : 3 Athlete: BIAD MALIK			Q-time: 00:56:82
PB (50m pool): 00:56.82 Antwerpen 17/05/2026			PB (25m pool): no time SB: 00:56.82 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	00:26.77	00:56.82	
	00:26.77	00:30.05	
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:5, starttime: 09:22
Heat: 5/16 Lane : 1 Athlete: GIARRIZZO ILIANA			Q-time: 00:34:43
PB (50m pool): 00:34.43 La Louvière 07/06/2026			PB (25m pool): no time SB: 00:34.43 La Louvière 07/06/2026
	5 0 M		
PB	00:34.43		
	00:34.43		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+			Heat:16, starttime: 09:39
Heat: 16/16 Lane : 2 Athlete: VACHAUDEZ ELLA			Q-time: 00:31:12
PB (50m pool): 00:31.12 Antwerpen 27/07/2025			PB (25m pool): 00:30.03 SB: 00:31.42 Antwerpen 17/05/2026
	5 0 M		
PB	00:31.12		
	00:31.12		
			

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 15+							Heat:16, starttime: 09:39		
Heat: 16/16 Lane : 4 Athlete: DUREZ LAURE							Q-time: 00:29:22		
PB (50m pool): 00:29.22 Antwerpen 17/05/2026							PB (25m pool): 00:28.27 SB: 00:29.22 Antwerpen 17/05/2026		
	5 0 M								
PB	00:29.22								
	00:29.22								
									

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:3, starttime: 10:16	
Heat: 3/9 Lane : 6 Athlete: MICHELS JULIE					Q-time: 02:56:57	
PB (50m pool): 02:56.57 Charleroi 24/05/2026					PB (25m pool): 03:04.11 SB: 02:56.57 Charleroi 24/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:40.30	01:25.37	02:12.40	02:56.57		
	00:40.30	00:45.07	00:47.03	00:44.17		
						

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:8, starttime: 10:33	
Heat: 8/9 Lane : 2 Athlete: PUGENGER MARINE					Q-time: 02:46:66	
PB (50m pool): 02:46.66 Antwerpen 27/07/2025					PB (25m pool): 02:46.95 SB: 02:53.32 Charleroi 15/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:36.62	01:18.99	02:02.08	02:46.66		
	00:36.62	00:42.37	00:43.09	00:44.58		
						

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:5, starttime: 10:54	
Heat: 5/10 Lane : 5 Athlete: SYLVIO SACHA					Q-time: 02:22:71	
PB (50m pool): 02:22.71 Charleroi 15/02/2026					PB (25m pool): 02:20.55 SB: 02:22.71 Charleroi 15/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:32.74	01:08.66	01:45.98	02:22.71		
	00:32.74	00:35.92	00:37.32	00:36.73		
						

Coach feedback:

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Event number: 7: 200M BUTTERFLY WOMEN 15+					Heat:2, starttime: 11:17
Heat: 2/4 Lane : 3 Athlete: HANNOTEAU ISALYNE					Q-time: 02:29:87
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 7: 200M BUTTERFLY WOMEN 15+					Heat:3, starttime: 11:21
Heat: 3/4 Lane : 2 Athlete: PAVAN NAHLA					Q-time: 02:32:73
PB (50m pool): 02:32.73 Antwerpen 17/05/2026 PB (25m pool): 02:33.90 SB: 02:32.73 Antwerpen 17/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.15	01:11.30	01:51.70	02:32.73	
	00:33.15	00:38.15	00:40.40	00:41.03	
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+					Heat:4, starttime: 11:33
Heat: 4/12 Lane : 1 Athlete: MURER THIMEO					Q-time: 01:13:59
PB (50m pool): 01:13.59 La Louvière 07/06/2026 PB (25m pool): 01:15.97 SB: 01:13.59 La Louvière 07/06/2026					
	5 0 M	1 0 0 M			
PB	00:34.24	01:13.59			
	00:34.24	00:39.35			
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+					Heat:8, starttime: 11:39
Heat: 8/12 Lane : 1 Athlete: FALZONE RAPHAËL					Q-time: 01:11:05
PB (50m pool): 01:11.05 La Louvière 07/06/2026 PB (25m pool): 01:10.16 SB: 01:11.05 La Louvière 07/06/2026					
	5 0 M	1 0 0 M			
PB	00:33.47	01:11.05			
	00:33.47	00:37.58			
					

Coach feedback:

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Event number: 8: 100M BREASTSTROKE MEN 15+			Heat:11, starttime: 11:44
Heat: 11/12 Lane : 2 Athlete: BIAD MALIK			Q-time: 01:07:83
PB (50m pool): 01:08.90 Antwerpen 17/05/2026			PB (25m pool): no time SB: 01:08.90 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	00:31.79	01:08.90	
	00:31.79	00:37.11	
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+			Heat:12, starttime: 11:59
Heat: 12/13 Lane : 4 Athlete: DUREZ LAURE			Q-time: 00:26:26
PB (50m pool): 00:26.23 Antwerpen 21/04/2024			PB (25m pool): 00:25.74 SB: 00:26.26 Antwerpen 17/05/2026
	5 0 M		
PB	00:26.23		
	00:26.23		
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+			Heat:12, starttime: 11:59
Heat: 12/13 Lane : 6 Athlete: HANNOTEAU ISALYNE			Q-time: 00:27:08
PB (50m pool): 00:27.08 Antwerpen 22/03/2026			PB (25m pool): 00:26.45 SB: 00:27.08 Antwerpen 22/03/2026
	5 0 M		
PB	00:27.08		
	00:27.08		
			

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+			Heat:3, starttime: 12:03
Heat: 3/15 Lane : 3 Athlete: SYLVIO SACHA			Q-time: 00:26:29
PB (50m pool): 00:26.29 La Louvière 07/06/2026			PB (25m pool): 00:26.82 SB: 00:26.29 La Louvière 07/06/2026
	5 0 M		
PB	00:26.29		
	00:26.29		
			

Coach feedback:

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Event number: 10: 50M FREESTYLE MEN 15+										Heat:5, starttime: 12:05	
Heat: 5/15 Lane : 4 Athlete: DUFOND NATHAN										Q-time: 00:25:71	
PB (50m pool): 00:26.44 Charleroi 16/02/2025										PB (25m pool): 00:24.74 SB: no time	
	5 0 M										
PB	00:26.44										
	00:26.44										
											

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:14, starttime: 12:13																				
Heat: 14/15 Lane : 7 Athlete: PETRE OLIVIER																				Q-time: 00:24:30										
PB (50m pool): 00:24.03 Antwerpen 28/07/2024																				PB (25m pool): 00:23.50 SB: no time										
	5 0 M																													
PB	00:24.03																													
	00:24.03																													
																														

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED 15+							Heat:3, starttime: 12:27	
Heat: 3/5 Lane : 1 Athlete: TEAM ENLN 2							Q-time: 04:30:98	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED 15+							Heat:5, starttime: 12:37	
Heat: 5/5 Lane : 3 Athlete: TEAM ENLN 1							Q-time: 04:08:04	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

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Event number: 12: 1500M FREESTYLE MEN 15-16							Heat:2, starttime: 13:01	
Heat: 2/2 Lane : 3 Athlete: DUREZ OLIVER							Q-time: 17:08:12	
PB (50m pool): 17:26.91 Antwerpen 27/07/2025				PB (25m pool): 17:41.79 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:29.61	01:02.54	01:36.49	02:10.71	02:44.89	03:19.22	03:53.97	04:28.71
	00:29.61	00:32.93	00:33.95	00:34.22	00:34.18	00:34.33	00:34.75	00:34.74
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	05:03.22	05:38.24	06:12.78	06:48.03	07:22.91	07:58.31	08:33.67	09:08.95
	00:34.51	00:35.02	00:34.54	00:35.25	00:34.88	00:35.40	00:35.36	00:35.28
								
	8 5 0 M	9 0 0 M	9 5 0 M	1 0 0 0 M	1 0 5 0 M	1 1 0 0 M	1 1 5 0 M	1 2 0 0 M
PB	09:43.59	10:19.32	10:54.83	11:31.04	12:06.15	12:42.25	13:17.60	13:52.87
	00:34.64	00:35.73	00:35.51	00:36.21	00:35.11	00:36.10	00:35.35	00:35.27
								
	1 1 5 0 M	1 3 0 0 M	1 3 5 0 M	1 4 0 0 M	1 4 5 0 M	1 5 0 0 M		
PB	14:27.81	15:02.92	15:38.26	16:15.13	16:51.32	17:26.91		
	00:34.94	00:35.11	00:35.34	00:36.87	00:36.19	00:35.59		
								

Coach feedback: